



## A Word About the Camp Director

### Rick Banis

Head Coach Rick Banis will be entering his third season of coaching at MNU this Fall. Coach Banis is continuing to build up the Pioneer program through recruiting competitive student athletes. He is looking forward to next season and the potential the Pioneer Volleyball team will have to be successful. Coach Banis is also excited to help build stronger volleyball players in the local community and bring awareness of the resources that can be attained at MNU. He will be overseeing the General Skills Camps. For more information on Coach Banis, please go to [mnusports.com](http://mnusports.com)

Assisting Coach Banis will be graduate assistant Danni Sperry (UMKC) and MNU players. These individuals are excited to see young participants improve in their volleyball skills as well as build relationships with other campers. All of our coaches have a passion for the game and hope to pass that on to the campers.

### Purpose of our Camps:

The objective for our camps is to help each player improve their fundamental skills and their love for the game within the context of a positive environment. The skills taught in our camps are designed for players who are looking to move to a higher level of play. Throughout our camps we will give attention to the development of self-confidence, positive mental attitude, sportsmanship and teamwork.

### Camp Application Deadline:

We will accept camp applications up to one week prior to each camp session or until we reach our maximum capacity. NOTE: You will receive a confirmation e-mail.



## Information About the Camps

### Costs:

**Sessions #1: (3-8 grade boys/girls) - \$120**

This camp covers all individual volleyball skills for the beginning and intermediate player.

**Sessions #2: (9-12 grade boys/girls) - \$180**

This camp covers all individual volleyball skills to improve a player's overall skill.

**Sessions #3: (3-8 grade boys/girls) - \$120**

This camp covers all individual volleyball skills for the beginning and intermediate player.

**Sessions #4: (9-12 grade boys/girls) - \$180**

This camp covers all individual volleyball skills to improve a player's overall skill.

### What Each Camper Receives:

Each camper will receive a T-shirt and passes to a 2010 MNU Volleyball match. [mnusports.com](http://mnusports.com)

### Location:

All camps will be located in the Cook Center. Sessions will be held on all four of the Cook Center's courts.

### Tentative Schedule:

<b>Day 1:</b>	<b>8:15</b>	<b>Check In and Warm-up</b>
	<b>9:00</b>	<b>Training Session #1</b>
	<b>11:30</b>	<b>Lunch</b>
	<b>1:00</b>	<b>Training Session #2</b>
	<b>3:00</b>	<b>Pick-up</b>
<b>Day 2:</b>	<b>8:30</b>	<b>Check In and Warm-up</b>
	<b>9:00</b>	<b>Training Session #3</b>
	<b>11:30</b>	<b>Lunch</b>
	<b>1:00</b>	<b>Training Session #4</b>
	<b>3:00</b>	<b>Pick-up</b>
<b>For Sessions #2 &amp; #4</b>		
<b>Day 3:</b>	<b>8:30</b>	<b>Check In &amp; Warm-up</b>
	<b>9:00</b>	<b>Training Session #5</b>
	<b>11:30</b>	<b>Lunch</b>
	<b>1:00</b>	<b>Training Session #6</b>
	<b>3:00</b>	<b>Pick-up</b>

**NOTE: This application must be accompanied with your \$40 deposit for camp participation. The deposit is NON-refundable should your daughter/son be unable to attend camp. The remaining balance is due on the first day of camp.**

## Volleyball Registration Form

**Please indicate which camp you will be attending:**

Session #1: June 21-22<sup>th</sup>-\$120

\_\_\_\_ General Skills Camp (9:00am-3:00pm) Grade 3-8

Session #2: June 23-25<sup>th</sup>-\$180

\_\_\_\_ General Skills Camp (9:00am-3:00pm) Grade 9-12

Session #3: July 19-20<sup>th</sup>-\$120

\_\_\_\_ General Skills Camp (9:00am-3:00pm) Grade 3-8

Session #4: July 21-23<sup>th</sup>-\$180

\_\_\_\_ General Skills Camp (9:00am-3:00pm) Grade 9-12

\_\_\_\_ \$40 Deposit Included  
\$ \_\_\_\_ Total Balance Due at Camp

### Camper Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Parent(s) Daytime Phone #: \_\_\_\_\_

Home or Cell Phone #: \_\_\_\_\_

Grade in school for Fall of 2010: \_\_\_\_\_

School Camper Attends: \_\_\_\_\_

Camper's Date of Birth: \_\_\_\_\_

T-Shirt Size (Adult S/M/L/XL): \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**How did you find out about us?**

\_\_\_\_\_

**Checks can be made payable and mailed to:**

**Rick Banis**

MidAmerica Nazarene University

Attention: Rick Banis

2030 E. College Way

Olathe, KS 66062